

**United in the sacraments, word and prayer**

**Bless and comfort those who are sick:**

Agneta Hinds, Denis Noel, Ray Common, Naomi, Natalie Ofusu, Flicks Sainsbury, Anita Williams, Adri Anstead, Joy Boateng.

**Blessed are those who have died in the faith of Christ** Those whom we love but see no longer and those whose anniversaries occur at this time. Christina Faber.

**Those preparing for baptism** Trinity Tulisa Patterson to be baptised next month.

**'Come unto me all who travail and whose burden is heavy'**  
Vita Williams, Mark, Alex and Yvonne.

*If you would like to add someone's name to our prayer list, please have a word with Fr Ben.*

*We will normally keep names on the list for 6 weeks, but this can be for shorter or longer if you wish.*



# The White City Rainbow



**Welcome everyone to our service today.**

**Welcome to all our visitors.  
Let us worship and grow together as branches of the true vine.**



An image of St James on his missionary work

**The Feast of St James the Apostle**



**24th July**

**On the rotas**

**Today**

Bible Readings Monique B  
Intercessions Jane  
Stewarding Joseph

**Next Sunday**

Bible Readings Afua  
Intercessions Steve  
Stewarding Neta

Many thanks to those who volunteer.  
If you cannot do your duty, please arrange a swap beforehand.

**We are a Fair Trade church, serving tea and coffee bought at a fair price from those who produce it.**



Ask your usual shops what Fair trade products they have.

**Who's who at St Michael and St George's, White City**

**Churchwardens**

Fred Sackey 07956 209 928  
Eunice Greene 020 8749 6358

**Church Musician**

Charlie Mauleverer 07753 179 287

**Church Secretary**

Can be contacted after the service

**Church Treasurer**

Steve Purcell 020 8840 2310

**Hall Bookings**

Stephanie Agunpopo 07973932542

**Sunday School**

Helena Carling 07935 233 155

**Men's Fellowship**

Boshi Mohlala 07768 925 788

**Mothers and Toddlers**

Natasha Lynch 07507 536 202  
Shirley Taylor 07903 754 929

**Mothers' Union**

Neta Archibald 07947 691 403



**cutting the carbon this year by 10%**



Fr Ben is always pleased to visit you or your neighbours at home Please contact Fr Ben at the Parsonage next to the church or by phone 0208 743 7100  
ben.humphries@london.anglican.org

*Fr Ben's day off is usually on Wednesday.*

If you have any news for the Rainbow, please tell Fr Ben by the end of the service on Friday morning.

**Today's Bible Readings**

Page 580 **Old Testament** The Book of the Prophet Jeremiah chapter 45 verses 1–5

Page 100 **New Testament** The Acts of the Apostles chapter 11 verse 27 to chapter 12 verse 2

Page 17 **New Testament (Gospel)** Gospel according to Matthew chapter 20 verses 20–28

*The Old Testament page numbers are at the beginning of the bible  
The New Testament page numbers are at the back.*

**The Collect for today**

*a prayer at the beginning of our service*

Merciful God,  
whose holy apostle Saint James,  
leaving his father and all that he had,  
was obedient to the calling of your Son Jesus  
Christ and followed him even to death:  
help us, forsaking the false attractions of the  
world,  
to be ready at all times to answer your call  
without delay;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Prayer after communion**

Almighty God,  
who on the day of Pentecost  
sent your Holy Spirit to the apostles  
with the wind from heaven and in  
tongues of flame,  
filling them with joy and boldness  
to preach the gospel:  
by the power of the same Spirit  
strengthen us to witness to your  
truth and to draw everyone to the  
fire of your love;  
through Jesus Christ our Lord.



**We are part of the Anglican Communion**



# Rainbow News - in our church and neighbourhood

**This week's calendar— Today is the Feast of St James the Apostle.**

**11am Parish Eucharist.** With Sunday school and crèche. Followed by Fair Trade Refreshments. The meeting to set up the Women's' Fellowship and the Bouncy Castle will go up for a short while after the service.

**6.30pm Evening Prayer** and 'Theology on Tap' discussion, St Stephen's Uxbridge Road

**Monday** - 8pm Men's Fellowship at the Smuts bar for a game of darts.

**Tuesday** 7.30pm Bingo in the Church Hall. Last evening before the summer break.

**Thursday** — **Free coach Trip Whipsnade Zoo coach trip.** The coach leaves at 9am. It is free But advance tickets discounts. It is more expensive to pay on the day. See the sign-up sheet. Children under 3 years old free Children 3—16 = £10.55

Students 16+, Seniors and registered Disabled = £12.95

Adults = £14.15. Carers for the disabled go free.

**6.30pm** Christian Meditation, at St Stephen's, Uxbridge Road .

**Friday** at 10.30am Holy Communion. **Youth Action** 5pm in Church Hall

**Saturday morning** —gardening and general church cleaning.

**Saturday evening—Church Barbecue & summer dance—6pm onwards** organised by the Mother's Union. All welcome—please sign the 'contributions sheet' at the back of church or see Neta for details.

myDiocese is an iPhone application which contains news stories from the Diocese of London and other participating dioceses, as well as events and community information and information about our faith. The app displays a daily passage of scripture, as well as prayers and bible resources. Download from [www.mydiocese.org.uk/download](http://www.mydiocese.org.uk/download)



**Next Sunday** Family Eucharist for the 10th Sunday after Trinity. **Choir practice** at 10.30am. Followed by a meeting about the Belgium trip.

## Nature Spotting in the Church Garden—Buddleia



Near to our kitchen door is a buddleia plant, also known as the butterfly bush because it is loved by many insects including honey bees and butterflies. The plants originally came from China to Europe by traders and it gets its English name from the Reverend Adam Buddle (1662–1715), who was a botanist and a rector in Essex. Each spring it should be pruned back and also the dead flower heads removed during the summer, as it seeds very easily and plants can be found growing wild, behind Charnock House, on waste ground etc.

## Bible verse of the week

"Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear."

*The letter of Paul to the Ephesians chapter 4: verse 29*



Check out our web-site [www.stmg.org.uk](http://www.stmg.org.uk)

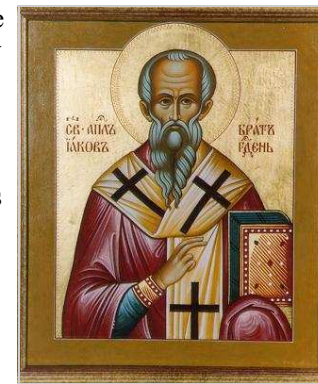
## A prayer to use this week — today is the Feast Day of St James the Apostle

In this prayer to thank God for St. James the Apostle, we ask for the strength to fight the good fight, as he did, so that we may be worthy followers of Christ.

### Prayer in thanksgiving for Saint James the Apostle

Lord Jesus Christ, your glorious Apostle St. James, who by reason of his fervent and generous heart was chosen by you to be a witness of Your glory on Mount Tabor, and of your agony in Gethsemane; And whose very name is a symbol of warfare and victory: give us strength and consolation in the unending warfare of this life, that, having constantly and generously followed you, we may be victors in the strife and deserve to receive the victor's crown in heaven. Amen.

*Fr Ben is always pleased to receive suggestions of your favourite prayers*



*A Russian icon of St James*

A trip to the **Proms at the Royal Albert Hall**—our choices so far are 9th September Schubert, Schumann and Mozart, and 10th September Monteverdi's Vespers. Seats £14 or £11 in the front or back Circle. If you are interested in choosing one or two concerts please have a look at Fr Ben's Proms programme after the service.

**September 11th** is our next Saturday monthly mediation and quiet hour. Our theme will be terrorism and peacemaking.

**Belgium**—all those coming to Brussels on the day trip with Eurostar on 21st August we shall have a little meeting to discuss what we want to do with the day on Sunday 1st August after the service. Fr Ben has been looking at a few ideas so far.

**White City Family Fun Day**—Thursday 5th August BBC Park 12—6pm. Refreshments, Circus, acrobats, dancing, sports, tombola, face and hand painting etc.

## The Missionary Society of Saint James.

This is a movement of Roman Catholic priests from North America, the UK, Canada, New Zealand and the Philippines working in Peru, Bolivia and Ecuador.

Their understanding of the term evangelization means the proclamation of God's word and sacrament together with the implementation of social and community work projects. Both of these aspects complement one another. Without the Gospel, there can be no energy to bring about the transformation of the person and the community through social action.

They were founded in 1958 by Cardinal Richard Cushing, who recognized that there were thousands of people in who had not heard the Gospel message. The role of the missionary is to go to those remote country villages and the barrios of the large cities where native priests would be unable to survive until a new congregation can be built up.



## Our Pilgrimage through the Christian Faith

*Next May Fr Ben will be leading a Pilgrimage to the Holy Land—cost about £1300*